

American Heart Association Community Assessment

Key Issues/Priorities:

- Control Blood Pressure
- Increase Nutrition Security
- Prevent & Control Tobacco and E-Cigarette Use

What are the major barriers for our community in addressing key issues?

Nutrition & Blood Pressure Management

Disability access:

- State recently completed an assessment of health care facilities for ADA standards, not one was found accessible
 - People not able to get into health care facilities for medical access needs
- Also, people with communication and cognitive problems are not able to access the materials and schedules
- A conversation is needed with the New Mexico Department of Health Equity on these two points

- Jessica Osenbrugge: there is a high number of individuals coming to food distribution that are disabled
 - There is an access and an affordability issue without a walk-up areas
 - Roadrunner Food bank will work to find good ways to mark paths for those not coming in a vehicle
 - Lack of distribution sites (parking lots) that are accessible as well
- There is not equity in access to nutrition education, working with UNM to increase access to nutrition education
 - Working with UNM Medical School to understand food/nutrition security, social determinants of health, and more
 - Following model from the University of Tennessee

What coalitions/partners exist?

- New Mexico African American Tobacco Network
- _____ Certified Stroke Center – Jessica Richardson
- Albuquerque Access Committee
- NMACT- New Mexico Allied Council on Tobacco
- New Mexico Association of Health Councils
- Native American Partnership
- Native American Health Initiative
- Roadrunner Food Bank

Threats?

- Funding
- Policies that limit reimbursement, access, and repayment
- Licensing issues for mental health workers from other states- other providers?
- Trust – need to take the time to build trust – organizations disappear once funding dries up

What are the key issues to improve over in the next 2-3 years?

- Look at access in a global, broader, and innovative ways

Advocacy & Collaboration

- Focus on the long-term solutions, while work on funding in the background
- Look at policies
 - New Mexico First town hall series, focused care access, health equity, continuum of care
 - New Mexico First (Mahesh, Jessica O)
 - New Mexico Alliance of Health Councils (RWJF)
- Aligning CHNA – Action? Collaboration?