



Thursday, November 9, 2023

	General	Keynote	Track 1 Health & Wellness	Track 2 Harmony & Heritage	Track 3 Entrepreneurial and Business Developments in Indian Country
LOCATION	Room C&B	Room C&B	Room B	Room C	Room D
08:30 - 09:00	Registration				
09:00 - 09:15	Welcome & Introduction - <i>Dr. Sherry Allison</i>				
09:15 - 09:20	Blessing - <i>Carleton Albert</i>				
09:20 - 09:30	Sponsor Recognition - <i>Brandon Smith, Department of Health & Debbie Maestes-Traynor, We Work for Health</i>				
09:30 - 10:30	MORNING KEYNOTE - Indigenous Resilience, Resistance and Revitalization: Understanding and Overcoming Racism and the Social Construct of Chronic Illness in Indigenous Communities - <i>Esther Lucero</i>				
10:30 - 10:45	Morning Break & Vendor Booths				
10:45 - 11:30			Health and Wellness Starts with You! - <i>Carleton Albert</i>	Healing Soles Through Sacred Soil - <i>Kena Chavez Hinojos & Larry Hinojos</i>	Developing a Pathway for a Successful Project - <i>Russell Pedro</i>
11:30 - 11:35	Transition to Next Track				
11:35 - 12:20			Healthy Lifeways through Planting, Traditional Foods and Movement - <i>Chenoa Bah Stilwell-Jensen</i>	Living and Working by Example - <i>Maria Bundy & Selina Henderson</i>	Rude Girl: Native American Short Film Screening - <i>Josh Zunie</i>
12:20 - 01:10	Lunch and Live Music by World Famous Flutist, Andrew Thomas Location: Room C&B				
01:10 - 01:55			Tradition with a Twist: Transforming Classic Recipes to Redefine Food Stigmas - <i>Jacqueline Peynetsa</i>	Youth focused: Together We Can Make a Difference - <i>Nadine Day</i>	TBD - <i>Tewa Roots Society, Ryan Martinez</i>
01:55 - 02:10	Afternoon Break and Vendor Booths				
02:10 - 03:10	Fostering Wellness Across Generations: Native American Behavioral Health Panel Discussion Moderator: <i>Marisa Page</i> Panelists: <i>Nadine Day, Grace Pratt, Camille Waconda and James Toya</i>				
03:10 - 03:30	Closing Remarks and Raffle - <i>Dr. Sherry Allison</i>				

Native American Partnership Conference Track Sessions

10:45-11:30 AM		
<p>Health & Wellness Track #1: <i>Health and Wellness Starts with You!- Carleton Albert</i></p>	<p>Harmony & Heritage Track #1: <i>Healing Soles Through Sacred Soil - Kena Chavez Hinojos & Larry Hinojos</i></p>	<p>Entrepreneurial and Business Developments in Indian Country Track #1: <i>Developing a Pathway for a Successful Project – Russell Pedro</i></p>
<p>Understanding the balance of Health and Wellness that intertwines the physical and mental well-being that will focus on basic physical exercise concepts that can be done in home or outdoors to improve on one’s well-being with minimal to no-cost. It all starts with us!</p>	<p>This "Healing Garden Exhibit" shows the intertwine of violence against Our Beloved Mother Earth and our women and children. This presentation discusses: 1) background/lived experience-lessons 2) the similarities our Beloved Mother Earth and a woman's body have 3) connections of violence-the ripple affect 4) healing</p>	<p>Join this session to learn about the Four Winds Diversified (FWD) Project and how our Team can assist you in developing and diversifying your small business or organization. Learn about our FWD Project Mission, Vision and the numerous Services and Resources we can provide to you at no cost.</p>
11:35-12:20 PM		
<p>Health and Wellness Track #2: <i>Healthy lifeways through planting, traditional foods and movement - Chenoa Bah Stilwell-Jensen</i></p>	<p>Harmony & Heritage Track #2: <i>Living and Working by Example – Maria Bundy & Selina Henderson</i></p>	<p>Entrepreneurial and Business Developments in Indian Country Track #2: <i>Rude Girl: Native American Short Film Screening – Josh Zunie</i></p>
<p>TBD</p>	<p>Learning Objectives: 1) Able to identify resources for people in withdrawal or in long-term recovery from substance use 2) Understand the importance of having support in the recovery processes and how to advocate for people who use substance 3) Able to identify ways to develop, enhance self-esteem and interpersonal skills for people who use substance</p>	<p>A half Native American and white teenage dealing with identity issues visits her grandpa in the spiritual world, only to realize she needs to overcome doubts and believe in her superhero powers and herself, offering a glimpse into the urban Native and spiritual life.</p>
01:10-01:55 PM		
<p>Health and Wellness Track #3: <i>Tradition with a Twist: Transforming Classic Recipes to Redefine Food Stigmas – Jacqueline Peynetsa</i></p>	<p>Harmony & Heritage Track #3: <i>Youth focused: Together We Can Make a Difference - Nadine Day</i></p>	<p>Entrepreneurial and Business Developments in Indian Country Track #3: <i>TBD - Tewa Roots Society, Ryan Martinez</i></p>
<p>In this presentation, we will explore the world of native nutrition, uncovering the delicious potential of traditional dishes while challenging negative food stigmas. Discover how small adjustments and creative modifications can make healthier, more inclusive recipes and reshape your perception of what's possible in the kitchen. Whether you're a food enthusiast or someone looking to change your relationship with food, this session will inspire you to embrace culinary traditions while breaking free from outdated food misconceptions. Embark on a flavorful journey that bridges the gap between tradition and nutrition, ultimately celebrating the diversity and beauty of our favorite cultural foods.</p>	<p>Learning Objectives 1) Be able to identify what is a safe space for youth 2) How to engage in multi-cultural bridge building 3) How to celebrate your Native community</p>	<p>TBD</p>

Please visit our website for a full list of speakers and bios: <https://chronicdiseasenm.org/2023-nap-conference/>